Wednesday the 10th February marks the beginning of Lent.

Lent is the season of preparation for Easter. It starts on Ash Wednesday and ends on Easter, lasting for 40 days (not counting Sundays).

We prepare for Easter by fasting and practising spiritual discipline during this time - to reflect on Jesus’ sacrifices. Lent is a time for "spring cleaning" our lives while giving thanks to God and strengthening our relationship with Him.

Did you know that you can download a Lent Calendar for your smart phone, or use the web version and set it as your homepage, to ‘Learn More’ and ‘Create Change’ this Lent?

Use the calendar to deepen your spirituality this Lent and learn about Caritas Australia's work in six countries across the globe. Explore Project Compassion, meet inspiring people and reflect on the Lenten period through daily readings, prayers and social justice actions.

A children’s version is available online also; reflect together as a family and parish!

View or download at www.caritas.org.au/projectcompassion/lent-calendar

This year Caritas are celebrating 50 years of Project Compassion and it’s the perfect occasion to stand in solidarity with Caritas and their partners, to end poverty, promote justice and uphold dignity.

This year’s theme for Project Compassion is “Learning more, creating change.” It is explored through six feature stories for the six weeks of Lent. These stories demonstrate how education, training and sharing knowledge empowers individuals and communities to transform their futures and create lasting change.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>17 February</td>
<td>Year 11 Information Night 6.30pm</td>
</tr>
<tr>
<td>18 February</td>
<td>House Assembly</td>
</tr>
<tr>
<td>22-26 February</td>
<td>Year 7 Camp to Coral Bay</td>
</tr>
<tr>
<td>24 February</td>
<td>CAD</td>
</tr>
<tr>
<td>26 February</td>
<td>WA Universities Visit. Years 10, 11 and 12. 11.40 - 2.05pm</td>
</tr>
<tr>
<td>2 March</td>
<td>Year 7 Retreat</td>
</tr>
<tr>
<td>3 March</td>
<td>Swimming Carnival</td>
</tr>
<tr>
<td>4 March</td>
<td>Assembly</td>
</tr>
</tbody>
</table>
Tuition is an opportunity for students to consolidate the information that they have learned over the previous few days.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>Maths All year levels</td>
<td>Maths All year levels</td>
<td>Maths All year levels</td>
<td>Maths All year levels</td>
<td>Maths Seniors Only</td>
</tr>
<tr>
<td>Mrs Habib Room H1/2</td>
<td>Mrs Hill Room H1/2</td>
<td>Mr Doherty Room H1/2</td>
<td>Mrs Grimes Room H1/2</td>
<td>Mr Doherty Room H1/2</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Upper School Human Biology &amp; Lower School Science</td>
<td>Math Year 10</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Room SC1</td>
<td>Mr Pedlar Room H4</td>
<td></td>
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<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>NAPLAN Years 7 &amp; 9 Practice Tasks and Learning Strategies Mrs Anderson Room F1</td>
<td>Upper School Biology &amp; Lower School Science</td>
<td>Room SC1</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Chemistry</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Mrs Kinch Room SC3</td>
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</tbody>
</table>
Welcome back to 2016! It was a real pleasure to see all of the students arriving for the commencement of the 2016 school year on Monday and Tuesday last week. All students and staff have worked hard to ensure that the start to the year has gone as smoothly as possible. Remember, if your child is experiencing problems or anxiety regarding their return to school, please contact the College so that we may work together to ensure that they are on the right path.

Over the last two weeks, we have been fortunate to come together as a Catholic community to celebrate a number of Masses. The Year 7 students experienced Mass on their first day, for a number, this was their first experience of a Catholic Mass. The entire school gathered last Friday for our whole school Opening Mass, where we sought God’s blessings and guidance upon our endeavours this year. On Wednesday of this week, we again gathered to recognise Ash Wednesday and begin our Lenten focus. On each of these occasions, the students have participated well and behaved reverently, which has been very pleasing. We thank Mrs Tittums for her hard work in coordinating three Masses within the first two weeks of school.

Lent

Now that the season of Lent has begun, we focus our prayerful attention on bringing our lives back into alignment with Gospel values of truth, service, justice and forgiveness. While Lent often calls on us to give up behaviours and actions which form a barrier to our relationship with God, I like to challenge our students to “take up” something instead. Rather than giving up chocolate, try taking up a commitment to kindness to others or charity to those in our world who have little. By reinvigorating our focus on the things that truly make us Christian, we bring ourselves closer to God’s vision of being the best that we can be.

Easter

This year, Easter falls outside of the school holiday period. I would like to remind all families that the College will be closed on Easter Tuesday, in accordance with our sector arrangements. Students will be fortunate enough to enjoy a 5 day weekend this year.

Staffing

As you would be aware from 2015 newsletters, the College has an additional Deputy Principal. Ms Melanie Caddick has joined us from Mercy College in Perth and will assume responsibility for students in Years 7, 9 and 11. Ms Caddick will work closely with our existing Deputy Principal, Mrs Antonucci, to ensure that our students have access to the best curriculum and pastoral care at St Luke’s. Please make yourself known to Melanie when you are in the College, I know that she is keen to meet as many families as possible.
Mrs Grimes and Mrs Hill have both returned from parental leave and we warmly welcome them back! Mrs Rawat has commenced her parental leave and Mrs O’Neill will commence parental leave during Term 1.

Some staffing movements have occurred for 2016, with Mrs Wiltschut stepping into the Science HOLA role and Mr Pedlar taking on the role of Harding House Coordinator. Mrs Nicholls will become Maitland House Coordinator upon the commencement of Mrs O’Neill’s leave.

As you may be aware, Mr Harlen was involved in a car accident prior to the commencement of the school year. Thankfully, he is now recovering and Mr Stuart Dale has stepped in to teach Science in Mr Harlen’s absence. Please keep Mr Harlen in your prayers for a speedy recovery.

School Involvement
As with any school, there are an enormous number of things to be done in our College. Whilst teachers work hard to deliver rigorous and engaging academic programs, as well as provide extra-curricular offerings. There are, however, many areas in which parents can assist us and continue to be involved in their child’s schooling.

In January, all families were sent a pack which included a number of forms. The volunteer form is a new initiative and seeks to give parents some ideas on how they may be able to offer some time or energy to different areas of our College. If you have not yet returned this form, can you please consider completing it and returning it as soon as possible to the school. If every family were able to volunteer in just one area, we would find that the quality of many areas in our College would improve.

A very important group of people in our College are our FOSLs – the Friends of St Luke’s. This group of very hard working people spend time planning and running fund raising events throughout the year. In 2016, they are desperately seeking some new members to join their fold – in particular in the roles of Secretary and Treasurer. The time commitment is not large and there is also the possibility for people to be involved in just individual events. For the past few years, the committee has been very small, but they have continued to do great things within the College which gives students access to valuable extra resources. We do need parents involved to see this group thrive over the coming year – please come along to the meeting on Tuesday night at 6.30pm in the College Library and consider taking on an active role.

Year 7 Parent Night
It was very pleasing last night to see such a large number of Year 7 parents join us to hear information about their child starting Year 7 this year, meet teachers and other parents and enjoy some social time. Thank you to Mr McDonald for coordinating the night and all staff who attended. We look forward to a long and positive relationship with the Year 7 families.
CAD
Our CAD (Centre of Artistic Development) program commenced this week, with a very eager group of Year 7 and 8 students participating during 2016. Mrs Slatter has a full timetable of engaging and challenging activities planned and I know that the students are excited to be involved. Thank you to Mrs Slatter, Mrs Usher and Miss Nidd for making this program possible.

Peer support
As part of our ongoing commitment to pastoral care across all year levels, Mrs Nicholls and Mrs Antonucci are again coordinating our Peer Support Program within the College. Our volunteer Peer Support Leaders have commenced their program and will begin working with our younger students formally and informally to ensure that their transition into secondary school is smooth and positive. Paige Malek is our College Peer Support Captain and will be working with the Peer Support Leaders in guiding this program. The leaders are to be congratulated on their commitment not only to the College, but to developing their own leadership capabilities.

Year 7 Camp
Year 7 Camp is not far away and there are already many excited Year 7 students thinking about their week in glorious Coral Bay! If you have not already returned your forms, please do so as soon as possible, to assist in our planning. A reminder to parents, there is no separate charge for this camp as it is absorbed through our fee structure.

School Ball
The social highlight of the senior years, the School Ball, is approaching. Mrs Anderson and the Ball Committee have been working busily behind the scenes since last year to ensure that all planning is well in hand. A reminder to parents that any other celebrations (such as After Ball Parties) are certainly not sanctioned by the College. Student safety and wellbeing is our primary concern, parents should be aware not only of the safety of their students in relation to any such events but that there are specific laws regarding secondary supply of alcohol at such events. Please see the flier at the end of the newsletter for further information.

School Fees
2016 School Fees are currently being finalised and will be posted home to all families in the next week. Included will be a payment arrangements form, which is required to be completed by all families and returned to the College. Where families are experiencing financial difficulties in meeting their fee obligations, please contact the College to make an appointment to discuss the matter with me – there is always a solution.
WACE results

St Luke’s 2015 WACE results were particularly pleasing and I would like to formally congratulate students on their hard work, along with families and teachers for their support of our students.

Two students, Anshula Ashish and Jayank Senger, gained at ATAR of 99.65 and Rohan Jahagirdar earned 98.75. This is the first time that a St Luke’s student has earned an ATAR of 99. All three of our top students have been successful in gaining access to some scholarships or awards and both Anshula and Rohan were also awarded a Certificate of Commendation for 20 A grades across Years 11 and 12.

25% of our cohort received an ATAR above 90 and St Luke’s was also placed within the top 50 schools in the “League Tables” for both ATAR and Vocation Educational performance. Only 9 country schools appeared in the ATAR top 50 and St Luke’s were the only school located north of Perth to appear.

88% of our students have also received an offer of a University place in WA. This figure does not include our students who are studying out of state or overseas. I am very proud to be leading a school which is empowering hard working students and supportive families to reach their goals and I would like to recognise the efforts of all staff in creating a learning environment where students can attain these goals.

Lastly, I would like to wish all students and families a most successful and fulfilling academic year. I encourage all students to actively set goals and work towards them and I ask all families to continue to work cooperatively with us in order to continually improve our College for the good of our students.

Alanna Otway
Principal
Dear Parents, Students and Staff,

Greetings for the start of a new academic year, I hope that you all had a restful and relaxing Christmas and New Year period. Welcome to the new school year at St Luke’s, I trust that it will be a positive and rewarding year ahead for you all. As many of you know, I am new to the school, having moved from Perth at the beginning of the year. I am gradually settling in, and would like to express my gratitude to the staff and students for the warm welcome I have received so far. I will be ultimately responsible for students in Years 7, 9 and 11. Please feel free to contact me with any queries or concerns you may have.

Year 7

The year seems to have begun very smoothly for the youngest students in our midst. They arrived on the first day of term looking a little anxious, but excited about the day ahead. By the time they left, they looked exhausted; no doubt from the information overload. The day involved a lot of information from their PCG (Pastoral Care Group) teacher and the Year 7 coordinator, Brent McDonald. Students were given timetables for the year ahead, and lockers to put their numerous books in. Our Principal Mrs Otway, and the Religious Education Coordinator Mrs Tittums introduced them to St Luke’s as a Catholic school, before the students were taken to their first school Mass.

Year 9

The Year 9 students seem to have started the year in a positive manner. This will be a big year ahead with preparations for NAPLAN. These tests will take place in May. With the introduction of the Online Numeracy and Literacy Assessment (OLNA), which takes place from Year 10, it is even more vital to appreciate the seriousness of the NAPLAN. Students who attain Band 8 or higher in the NAPLAN are acknowledged as having demonstrated proficiency, and hence do not need to sit the OLNA - a big incentive to do well in the NAPLAN in Year 9.

Year 11

Whilst there were a few students who had decided to change their course selection over the holiday period, the majority of the year group came in ready to get their ‘WACE journey’ underway. Let’s hope that this continues. It will indeed be a busy year ahead for our students. During Week 1 the Year 11 and 12 students spent some time with myself and the Deputy Principal of Years 8,10 and 12, Mrs Antonucci. We reiterated the importance of their work ethic, organisation and attendance at school. Changes to a student’s WACE course will need to be submitted very early in July, so there may well be conversations and academic counselling occurring between now and then. It is imperative that we make changes as early in the year as possible in order to allow a smooth transition from one course to another. If you have any concerns about your child’s progress, please feel free to contact the relevant Head of Learning Area, or myself.

The Year 11 Parent Information Night will be held on Wednesday, February 17th. This will be a great opportunity for parents of Year 11 students to gain an understanding of the requirements of Year 11 and the markers for success. It will be a great opportunity to ask any questions about your child’s education and the expectations of the year.

God Bless,

Melanie Caddick

Deputy Principal (Years 7,9,11)
Week 2 and most students appear to have settled in to the serious task of their studies, just another reminder to Year 12 about the importance of constant revision in order to consolidate on their learning. This year I will be taking on the role of Deputy of Years 8, 10 and 12. Melanie Caddick will also be joining me as the other Deputy at St Luke’s and will be working with the Year 7, Year 9 and Year 11 cohorts. I warmly welcome Melanie and look forward to working with her throughout this year. It is important that students are aware of the importance of their subject choices particularly in Year 11 and 12 and the consequences of non completion of studies or failure to achieve to their potential through lack of hard work. I will be closely monitoring student progress in all my years, particularly Year 12 and am happy to speak to you if you have any questions or concerns regarding your child’s academic development.

Friend of St Luke’s (FOSL)

The Friends Of St Luke’s is an integral part of the St Luke’s community, it comprises of parents and carers who plan and undertake programs and events to build a stronger school community and raise ancillary funds to support the College’s Educational developments for all students.

The Friends of St Luke’s conducts a number of events each year to raise funds for educational, sporting, cultural, musical and ancillary equipment and services.

I would like to encourage all parents to come along to the FOSL meetings and enjoy the exciting experience of their children's formal school years by their active participation and personal involvement in the learning activities and life of the school. Its lots of fun as well and a fantastic opportunity to meet other parents and of course myself and other involved staff members.

The next meeting of the Friends of St Luke’s will be

Tuesday 16th February
6.30pm in the Library

We would love to see you there!

God Bless
Sunniva Antonucci
Deputy Principal
Blessings All

Welcome back to the 2016 school year. It promises to be another year packed with lots of exciting events for our whole school.

One of the biggest changes in 2016 is the name change for House Masses. These masses will now appear on term calendars as Maitland Patron House Mass, Harding Patron House Mass, Nickol Patron House Mass and Fortescue Patron House Mass. There will be a strong focus on the students of each house to really know their House Patron, what they did or do and an emphasis on following the examples that they set. Fundraising will still play a major role of the Houses, but our hope is that because students know their Patrons well, they will understand the importance of fundraising and how those funds will help others.

Another change in 2016 is the introduction of year Masses. These masses will take place at St Paul’s Parish Church and we would love to see parents/caregivers coming along and celebrating the Mass with their child/children.

On Friday 5th of February St Luke’s celebrated the opening school Mass with Fr Steve Casey. Thank you to the parents who attended, it is always lovely to have you attend the masses. Families and Parishioners are always welcome to join us for masses. Please remember to sign in at the front office if you are attending.

God Bless
Mrs Rhondda Tittums
Religious Education Co-ordinator

2016 Important Dates:

- Wednesday 10th February: Ash Wednesday (Liturgical Colour – Purple)
- Sunday 14th February: First Sunday of Lent
- Sunday 21st February: Second Sunday of Lent
- Wednesday 2nd March: Year 7 Retreat
A huge congratulations go to the following students who were chosen to participate in the 2016 CAD Program!

Physical Education lessons in Action

Our students started their Physical Education lessons with great enthusiasm. Last week Year 7 were engaged in different team building activities. They had to unravel human knots, communicate without speaking and they played various multi-sport activities as part of the adventure based learning to relate and work with others.

This week all classes were engaged in swimming lessons. Students enjoyed having a splash and displaying their good swimming skills. The pristine waters at the Leisureplex were very inviting and most students comfortably swam at least 100m.

K.GOVENDER

Swimming lessons this term

All Year 7–Year 10 students will be going to the Karratha Leisureplex during their Physical Education lessons for swimming trials. During these lessons students will receive instruction on how to improve their swimming strokes and style and they will also have time trials for the Inter-House Swimming Carnival to be held on Thursday 3 March 2015. A reminder that students will not be allowed to leave the school campus if you have not updated their Annual Medical records or signed the permission to travel on the bus trip. A big appeal to all parents to please ensure these forms are handed back to the front office as soon as possible.

All students who are placed either 1st, 2nd or 3rd in the Inter-House Swimming Carnival in the “A” races will be given the opportunity to participate in the ACC Swimming carnival in Perth to be held on the 17th March. The cost for this trip to Perth will be approximately $700. If you have any queries regarding the carnivals please don’t hesitate to contact me.

If you are available to help with the officiating of the Inter-House swimming Carnival we look forward to your support. Please contact me by email if you wish to help.
PHYSICAL EDUCATION / HEALTH LESSONS THIS YEAR

There has been a change to the structure of the Physical Education and Health lessons for this year for students from year 7 to year 10 to tie in with the new curriculum. The content provides for students to broaden their knowledge of the factors that shape their personal identity and the health and wellbeing of others. Students are encouraged to develop their own identity to make informed decisions, taking into consideration the influence of external factors on their behaviour and the capacity to achieve a healthy lifestyle.

Students focus on elements of skill, speed and accuracy in different movement environments, while continuing to develop the efficiency of specialised movement skills. They explore ways to evaluate their own and others performance through analysis of skills and movement patterns using basic biomechanical concepts. Opportunities are provided for students to refine and consolidate skills and strategies for effective leadership and teamwork and consistently apply ethical behaviour across a range of movement contexts.

Students will have 3 lessons of Physical Education and 1 lesson of Health Education per week. We are pleased to inform you that this year our Health workbooks have gone online. Students have been downloading their Health eBooks on their iPads during their Health lessons and therefore will have access to their resources at all times.

A reminder if a student is to be exempt from lessons a letter of excuse is to be written and signed by a parent or guardian.

The Physical Education Uniform is as follows:

<table>
<thead>
<tr>
<th>PE UNIFORM</th>
<th>SWIMMING</th>
</tr>
</thead>
<tbody>
<tr>
<td>House Shirt</td>
<td>SLC Bathers</td>
</tr>
<tr>
<td>Sport Socks</td>
<td>Rashie (House shirt is not allowed)</td>
</tr>
<tr>
<td>Sports Shoes</td>
<td>Girls may wear SLC Shorts</td>
</tr>
<tr>
<td>SLC Hat</td>
<td>Towel</td>
</tr>
<tr>
<td>Water Bottle</td>
<td>Water Bottle</td>
</tr>
</tbody>
</table>
A big welcome back from the Careers Department. We have celebrated many events already at the start of this term and we hope to have a continued fun-packed year of opportunities for students in 2016.

To date, we have been involved in the sign up of two school based traineeships. Miss Jay Vaughan Williams and Miss Hayley Ladyman enrolled in a School-Based Traineeship with Sodexo (see photo attached). We are in the process of assisting three more students and we welcome more companies that offer such opportunities to students to contact Mrs. Dalton. Those students interested in School Based Traineeships are required to find a company that will provide 8 hours a week of employment and then Mrs Dalton and Apprenticeships Australia work together for the remaining progress.

Mrs Dalton strongly recommends Year 10-12 students to avail of work placement opportunities throughout the year. Please see Mrs Dalton ASAP to start this program. Year 10-12 students who completed 55 hours or more of paid or unpaid work in Term 4 or during the summer holiday, please hand in your completed work placement booklets (Log book and Skills journal) to Mrs Dalton this week. Submission of these booklets will be equivalent to at least one unit towards your 20 units required to achieve the Western Australian Certificate of Education (WACE).

Please note it is a legal requirement for the school to file these to qualify for the unit equivalents. If any student has lost either document or wish to avail of this opportunity, please see Mrs Dalton.

The lecturers from Pilbara TAFE will be visiting the students on the 18th of February from 11.42-12.35pm. Students will be invited to ask any questions they may have and receive their timetables, enrolment forms and unit of work etc. at this info session.
We strive to achieve excellence at St Luke’s College and it is our goal to equip students with resources and offer extensive support to assist students achieving goals, grades, organisational skills, etc. The digital Wall Planner has been emailed to all students this week and it is strongly recommended for students from Year 8-12 to utilise this helpful support tool. A reminder to all pupils to open their emails from Mrs Dalton and start using this instrument today.

Welcome to the new staff of the Careers Department St Luke’s College. Mrs Slater, Mrs Grimes, Mr Dale and Ms Pollard have joined the Careers department teaching your son/daughter working alongside Mr Harlen and Mrs Habib. Please familiarise yourself with your son/daughter’s Careers teacher and advise if I can further assist.

Four universities from Perth will be visiting the school on the 26th of Feb and UWA University will present on 21 June this year.

Please be advised the first Year 12 breakfast of 2016 will begin on 12 February.

From experience, students have found the Year 12 breakfast session extremely beneficial while also enjoying the variety of breakfast food offered each session. Each fortnight the breakfast will be held. During each meeting, students will be given a necessary task to bring home, complete and store in their Careers folder (the purpose of these tasks are to prepare students for life after Year 12).

Assigned tasks will include:
- Complete career line tests to identify areas of interest.
- Preparing a resume.
- Confirming they have opened the digital wall planner, and they are in use.
- Sending an email template to universities and TAFE to enquire about courses, opportunities, scholarships, possible apprenticeships etc.
- Identifying TISC score needed for courses students are interested in.
- Recording current grades and goal grades.
- Setting up a study plan.
- Research on options after Year 12. It is not acceptable to say getting an apprenticeship with Woodside. Unfortunately, the climate is changing and students need to do research on opportunities with several companies to help secure an option after Year 12.

And apply for scholarships to name a few.
During this week’s session, each student will be directed to open up the Digital Wall Planner email and complete an online Career quiz before our next breakfast.

Applications for the GREaT program (work placement for 3 days at Nickol Bay Hospital) are now open. Please be aware that the closing date for applications is 18th March. Please see Mrs. Dalton should you wish to apply.

Mrs Dalton wishes students, parents and teachers a pleasant and productive year.

Please place order on lunch bag or envelope with your correct payment at the canteen OR in your PCG folder between 8:30 – 9:00am. Don't forget to write your Name on your order. Don’t forget to read the newsletter for canteen news and special menu days.

You can also place your order online. Go to OUR CANTEEN ON LINE and follow the prompts. Any enquiries please phone Canteen Manager Jenny Scott

November 2016

Recess Menu
Look for recess menu specials each day

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Apple</td>
<td>.50</td>
</tr>
<tr>
<td>Banana</td>
<td>50</td>
</tr>
<tr>
<td>Cheesy</td>
<td>1.50</td>
</tr>
<tr>
<td>Noodles</td>
<td>1.50</td>
</tr>
<tr>
<td>Mini hot dogs</td>
<td>2.00</td>
</tr>
<tr>
<td>Jelly Fruits &amp; Custard</td>
<td>1.50</td>
</tr>
<tr>
<td>Muffins</td>
<td>2.00</td>
</tr>
<tr>
<td>Garlic Bread</td>
<td>2.00</td>
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<tr>
<td>Mini Pizza</td>
<td>2.00</td>
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Drinks

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Harvey Fresh Juice</td>
<td>2.50</td>
</tr>
<tr>
<td>Bottled Water</td>
<td>2.00</td>
</tr>
<tr>
<td>Nippy's milk</td>
<td>3.00</td>
</tr>
<tr>
<td>Iced Tea</td>
<td>3.50</td>
</tr>
<tr>
<td>Fruit box</td>
<td>2.00</td>
</tr>
<tr>
<td>Apple/Blackcurrant/Tropical/Orange</td>
<td></td>
</tr>
</tbody>
</table>

Friday Only – Hot Potato Specials
(Le Fresh Brown / Jimmys)

Orders Only Lunch Menu

<table>
<thead>
<tr>
<th>Sandwich</th>
<th>Roll/Pita Bread</th>
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</thead>
<tbody>
<tr>
<td>Ham</td>
<td>3.60</td>
</tr>
<tr>
<td>Chicken</td>
<td>3.60</td>
</tr>
<tr>
<td>Tuna</td>
<td>3.60</td>
</tr>
<tr>
<td>Egg (plain or curved)</td>
<td>3.60</td>
</tr>
<tr>
<td>Cheese</td>
<td>2.10</td>
</tr>
<tr>
<td>Salad</td>
<td>3.10</td>
</tr>
<tr>
<td>Vegetables</td>
<td>1.60</td>
</tr>
<tr>
<td>Add Salad to above (e.g. lettuce, tomato, cucumber &amp; carrot)</td>
<td>1.40</td>
</tr>
<tr>
<td>Bake bean / Spaghetti Jaffle</td>
<td>3.50</td>
</tr>
<tr>
<td>Hot Dog with sauce</td>
<td>4.00</td>
</tr>
<tr>
<td>Veggie Pizza</td>
<td>1 x 3.50</td>
</tr>
<tr>
<td>Yummy Drummies x 2</td>
<td>3.50</td>
</tr>
<tr>
<td>Crispy Chicken Wrap</td>
<td>6.00</td>
</tr>
<tr>
<td>(with seed &amp; mayonnaise)</td>
<td></td>
</tr>
<tr>
<td>Grilled Chicken wrap</td>
<td>6.00</td>
</tr>
<tr>
<td>(with seed &amp; mayonnaise)</td>
<td></td>
</tr>
<tr>
<td>Lasagne</td>
<td>4.50</td>
</tr>
<tr>
<td>Spaghetti Bolognaise</td>
<td>4.50</td>
</tr>
</tbody>
</table>

Monday
Pie: 4.00
Potato Top Pie: 4.00
Sausage Roll: 3.50

Tuesday
Pizza Singles: 3.50

Wednesday
Beef or Chicken Burger (with seed, cheese & sauce): 6.00

Thursday
Hot Dog's: 4.00

Friday
Pie: 4.00
Potato Top Pie: 4.00
Sausage Roll: 3.50
Tomato Sauce: .50

Ice Creams

Twister: 1.20
Cyclone: 2.00
Fruit icy Pole: .80
Paddle Pop: 1.50

Look for weekly SPECIALS in the newsletter Or on the canteen window
Weekly specials available Tuesdays, Wednesdays & Thursdays
Carol can be contacted by email with any uniform queries at uniform@stlukescollege.wa.edu.au

Uniform shop hours will now be

Tuesdays 11.15am—3.15pm
Thursdays 11.15am—3.15pm

Alternatively uniforms can be ordered online using the instructions below

Online Uniform Shop

Do you have trouble making it to the Uniform Shop during its opening hours on Tuesday or Thursday between 11.15 am and 3.15 pm?

Well, now you can purchase uniforms online!

Simply follow these steps:

go to www.ouronlinecanteen.com.au
  Log In or Register
  Click on Uniforms
  Place your order
  Send your child to the Uniform Shop on Tuesday morning to collect their uniform!

Further information is available via the College website at www.stlukescollege.wa.edu.au

Please Note: Should parents/guardians have problems with entering their online order there is a help system. Parents/guardians can either email info@ouronlinecanteen.com.au or text message 0488 247 244 for assistance.

I am happy to let you know that we now have a small supply of second hand uniforms available through the uniform shop. Shirts, skorts and shorts will sell for $10 each and jackets for $30. I am also happy to accept any donations of uniforms that are no longer needed due to your children out growing them etc.

Thanks
Carol Potter
Uniform Shop Manager
A reminder to all students and parents that the afternoon buses start leaving the school at 3.05pm and the last bus is gone by 3.15pm. Students catching buses need to make their way as quickly as possible to the bus area at the 3.00pm bell in order to avoid missing their bus.

In January, all families were sent a number of documents. Included within this pack was the emergency details and medical form, along with the data collection and volunteer forms. If you are yet to return these forms, please do so immediately in order for us to have your details up to date. Students cannot be permitted to leave the College grounds on excursion (including swimming lessons) until the medical form has been returned. Thank you to the large number of families who have already returned these.
A message from the Finance Department...

Fees and Levies:
The 2016 School Fees and Levies Statements, Fees Schedule and Fees Policy will be mailed to families the week commencing 15 February, 2016. Please note that some changes have occurred in relation to the payment process, so a Payment Arrangement Form will also be included in the mail-out. All families MUST complete and return the payment form to the College’s Finance Officer, Mary Epis within 7 days of receipt of the Statement. If you have any queries about your statement, please contact the College.

Assistance with Fees:
Assistance may be available to families through either the Health Care Card Tuition Fee Discount Scheme (HCC), or the Secondary Assistance Scheme.

◊ Health Care Card Tuition Fee Discount Scheme
(NB: Parents/Guardians in receipt of an ABSTUDY School Fees Allowance through Centrelink are not eligible.)
The Catholic Bishops of Western Australia are determined that no family be denied the opportunity of education in a Catholic school because of financial difficulties. The Health Care Card Tuition Fee Discount Scheme offers a discount on tuition fees to holders of a means-tested family Health Care Card or Pensioner Concession Card. The scheme offers significant, automatic tuition fee discounts to both Catholic and non-Catholic families. The secondary school tuition fee for families that qualify for the scheme is $1,400. Application forms are available in the front office. Please note that it is a requirement of the application process that signatures be witnessed by either the Finance Officer or Business Manager.

◊ Secondary Assistance Scheme
Application forms should not be altered and are to be completed at the College during Term 1 only. Application forms are available from the front office.
In order to be eligible for 2016 you must hold one of the following:
• Centrelink Family Healthcare Card (card holder must be parent/guardian);
• Centrelink Pensioner Concession Card (student’s name must be listed on the card); or
• Veterans’ Affairs Pensioner Concession Card.
What does Karratha Public Library have to offer?

Well yes, books, we have hundreds of them from fiction, non-fiction, children’s and young adults to large print, foreign language and graphic novels and if we haven’t got what you’re looking for we will certainly do our best to get it.

But we’re more than just books!

- We’ve got CD’s, DVD’s, Audio books galore,
- Download e-books, magazines, on-line resources - more!
- We have guest speakers, training, 3D printing- that’s prime,
- History services, kid’s activities, rhyme and story time.
- Then there’s faxing, photocopying, laminating and scans,
- See our gallery of fine art done by talented hands.

So visit Karratha Library, come in and see,
What we have to offer, there is no fee - it’s free!

Contact the library for more information 9186 8660
Located at Dampier Hwy, Karratha WA 6714 (opposite Broadhurst Road)
NEW ALCOHOL LAWS EMPOWER PARENTS.

GIVING ALCOHOL TO UNDER 18s IN PRIVATE SETTINGS WITHOUT PARENTAL CONSENT IS NOW AGAINST THE LAW.

To find out more, visit glewa.gov.au or call the Alcohol and Drug Support Line on (08) 9442 5000 or 1800 198 024 (country callers).
Registrations are open for Karratha Amateur Swimming Club.

In order to enrol you will need to be able to swim at least 25mtrs of a recognisable stroke without stopping.

Try outs are on every Tuesday 3.30pm - 4.30pm. Please contact Trudi Tunstead on 0417870502 or via email on trudtun@westnet.com.au to let her know that you would like to try out or have any questions.

Our club email is karrathaswimclub@hotmail.com

What does our club do?
Our club teaches you how to swim competitively. We develop your child’s Butterfly, Backstroke, Breaststroke and Freestyle in accordance with FIFA rules.

We run coaching sessions for Entry, Junior, Intermediate and Senior Swimmers and Time Trials every Friday night. As well as this your child is eligible to participate in competitions.

This is a family focus club. We require parent participation on Friday nights. It is a pool rule that all children under 10 years are accompanied by an adult.

If you have ever thought about joining please contact us we would love to talk to you!
KLP Swim School

Enrolments are being accepted with spaces still available in all swim stages.

Please contact the Karratha Leisureplex for bookings and more information
(08)9186 8556
NOTICEBOARD

‘Head Start’ Bush Survival Workshops
Another Family Bonding Initiative by IF Foundation

Who:
Guardians and their Children! (Activities may be difficult for some children under the age of 7) All are welcome.

What:
Come and learn field skills taught by Special Forces trained facilitators while spending special quality time and bonding with your kids. Different activities per session.

- Base Field Craft
- Field Craft Survival
- First Aid in the Field
- Navigating by the Stars
- If You Can’t Tie Knots, Tie Lots

When and Where: Tuesday’s 5:00pm-6:00pm Bulgarra Oval

- 23 FEB 2016
- 22 MAR 2016
- 3 APRIL 2016
- 24 MAY 2016
- 7 JUNE 2016
- 28 JUNE 2016 [2 hour Session]
- CAMP 1: 9 APRIL—10 APRIL
- CAMP 2: 28 MAY—29 MAY
- CAMP 3: 2 JULY—3 JULY

For a registration form or for information on specific programs held in your area, contact Ariana at: Ariana@IFFoundation.org.au | 0417 840 059
or visit our website www.iffoundation.org.au

This is a FREE program Thanks to Our Sponsors

Regional Development Australia
An Australian Government Initiative

Contact Us
PO Box 209 Bassendean, WA 6054
info@iffoundation.org.au | www.iffoundation.org.au

Another Initiative by the IF Foundation.
The KDJSA AGM will be held Thursday 11th February at the KDCCI meeting room at the Leisureplex commencing at 7.00 pm.

New members welcome.
The Council and Staff of the Parents and Friends Federation of WA would like to welcome everyone back to the new school year. We trust that at this stage, into week 2, you are all back into the routine of lunches, uniforms and searching for those elusive permission slips at the bottom of school bags.

The staff here in the office have hit the ground running and are currently working hard to get information about our upcoming conference in May out to all schools. The dates for the conference this year are Friday 20th and Saturday 21st May. The Awards of Excellence in Building Positive School Communities will be presented at the conference dinner on Friday 20th May. Nomination forms for the Awards of Excellence are already available on our website, so get your entry in early!

We are also receiving lots of calls in the office from parents who are working hard to ensure P&F’s and parent groups get off to a good start for the year. If you need any information about office bearer’s roles, governance or just some general advice please don’t hesitate to contact us.

Theresa McDonnell, the new Liaison Officer at the Federation, has settled beautifully into our small office and she, along with Siobhan Allen (our Executive Officer) is looking forward to getting out and about and meeting with parents and parent groups in Catholic schools throughout the state. If you would like to arrange a visit from PFFWA to your school, please contact the office or email theresa@pff.wa.edu.au and we would be delighted to organise a time.

Best wishes

PFFWA Council and Staff

https://www.facebook.com/pffwa  www.pff.wa.edu.au  9271 5909  103 Wood St, Inglewood, WA 6932