

STAR Method – Answering Your Interview Question PROGRAMMED

Prepare

• **PREPARE**

• Listen carefully to the question and think of an event. Take a few seconds to ensure you have the best example you can. Don't rush it.

S

• **SITUATION**

• Set the background and context. Who, What, Where, When ect.

T

• **TASK**

• What was required of you.

A

• **ACTION**

• The actions you took.

R

• **RESULT**

• The result of your actions.

Recruit. Deploy. Manage. Maintain.